



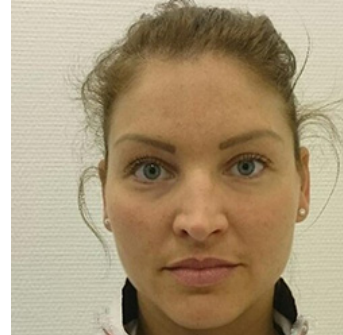
KATALIN ESZTER VARGA

Country: Hungary

Date of Birth: 12/4/1986

Sport: Para canoe

Discipline: KL2



Sports Career

Paralympic Games : Competed in 2016

World Championships : Competed in 2017, 2018 and 2019

Why do you wish to run for the IPC Athletes' Council?

My goal to contribute the development of the Paralympic Movement with all my knowledge and experiences, representing that we can also become a role model for elder and younger generations.

What special skills, background and expertise will you bring to the IPC Athletes' Council?

My motto is 'working in team'! I feel so lucky; not only working with able bodied athletes, also competing together for a long time. I want to share all experiences to show that we are a one TEAM!

How has sport impacted your life?

The sport has given to my life an important purpose to perform at the Paralympics and my everyday life. This is how I got to know a large cohesive community, the community of Para athletes.

What is your vision for the IPC Athletes' Council?

It is essential to build bridges between our stakeholders. I wish to provide a proper advocacy and representation to all, regardless of the age, disability and nationality.

Why is the athletes' voice important to you?

We, Para athletes are more than a simple team, we are a family. We have to enhance our voice and views; stronger athletes will create more powerful and meaningful Paralympic Movement.

What is the biggest challenge you have experienced as an athlete? How did you overcome it?

I didn't get direct quota for Rio, so I did a due hip replacement surgery. Then, suddenly my captain called: things were changing, I could go to the Games. I refused at first but finished 5th in Rio.